### **FOOD SERVICES AND ASSISTANCE PROGRAMS**



### Pierce County Food Resources

### https://www.efoodnet.org/

Has FIND FOOD MAP on the website with a food pantry, meal site, home delivery resources, and what day of the week it is available. The information on the website is the most up-to-date.





#### **Thurston County Food Resources**

### https://tcfb.org/

Has FIND FOOD NEAR ME on the website with grocery pick-up locations, including a food pantry, inside shopping, drive-up distribution, and farm stand.



### https://doh.wa.gov/you-and-your-family/wic/apply-wic



Women, Infants, and Children provide nutrition for qualifying pregnant women, breastfeeding moms, and children under 5. Dad, grandparents, and other caregivers of children under five may also sign up for WIC.



JBLM WIC - (253) 982-0210; 551 Barnes Blvd, McChord AFB, WA 98439



# https://www.dshs.wa.gov/esa/community-services-offices/basic-food

A federal nutrition program that provides food benefits to supplement qualifying individuals' and families' grocery budgets to purchase healthy foods.



### https://www.washingtonconnection.org/home/



It offers a fast and easy way for families and individuals to apply for various services such as Food, Cash, Child Care, Long-Term Care, and Medicare Savings Programs. Click on SEE IF I QUALIFY.



## **FOOD SERVICES AND ASSISTANCE PROGRAMS**

# **Active-Duty Service Members**

**Basic Needs Allowance (BNA)** 

**Financial Readiness - Understanding BNA** 

**Army Directive 2023-06 (Army BNA Program)** 





### Other Resources:





Army Emergency Relief

https://www.armyemergencyrelief.org/